

# Cleveland State University USA



## Healing Across Cultures

### International Symposium

Presenters include  
Traditional Healers and  
Integrative Medical Practitioners and  
Researchers

Monday, July 9, 2007

9:00 a.m. – 3:30 p.m.

E-Learning Studio, Amrita University  
Ettimadai, Coimbatore, India

**Centre for Environmental Studies  
Amrita Vishwa  
Vidyapeetham University  
Coimbatore, India**



### PURPOSE OF THE CENTER FOR HEALING ACROSS CULTURES OF CLEVELAND STATE UNIVERSITY

To develop different approaches to  
collect information about the health  
and wellness belief  
systems/techniques of different  
cultures

To record and disseminate  
information on age-old healing  
traditions for the benefit of  
contemporary and future  
generations

To provide opportunities for  
interdisciplinary investigative and  
learning collaborations

### UNIQUENESS OF SYMPOSIUM

Regionally, nationally and  
internationally known scholars,  
complementary and alternative  
medicine practitioners, and  
traditional healers of rich and varied  
cultures will be interacting in  
presentation and roundtable format

Traditional healing artifacts and  
curios will be displayed

Participants will have an opportunity  
to stimulate their senses through  
traditional healing practices

Experience healing traditions,  
traditional music, food, and wellness  
practices

Traditional ayurvedic and tribal  
healing systems of India

## Symposium Schedule

### **Registration**

### **Inauguration**

### **9:00 a.m – 9:20 am**

#### **Welcome Address:**

**Dr. M. Aravindakshan**, Coordinator  
Centre for Environmental Studies  
Amrita Vishwa Vidyapeetham

#### **Address by:**

**Br. Abhayamrita Chaitanya**  
Chief Operating Officer  
Amrita Vishwa Vidyapeetham

**Dr. P. Venkat Rangan**  
Vice Chancellor  
Amrita Vishwa Vidyapeetham

### **9:20 a.m. - Opening Remarks**

#### **Introduction of the theme of the symposium**

**Todd Pesek, MD** Director, Center for Healing Across Cultures and Assistant Professor, Health Sciences, Cleveland State University

*“True Healing: Shifting Paradigms”*

### **9:30 a.m. – 11:30 a.m.** **Indian Perspectives**

**Moderator: Dr. Murali D. Nair, PhD**,  
Professor, School of social work,  
Cleveland State University

#### **Rapporteur:**

**Shri. M. Pramod Kumar**, Faculty in Cultural Education, Amrita Vishwa Vidyapeetham University

#### **Research papers presentation:**

**Dr. P. Ram Manohar**, Director,  
R&D, Arya Vidya Pharmacy,  
Coimbatore

*Ayurveda: the epitome of healing*

**Dr. P.K. Sudhadevi**, Associate Professor,  
Kerala Agricultural University  
*Healing plants used by Malayan Tribes of Kerala, India*

**Dr. D. Kannan**, Centre for Environmental Studies, Amrita University

*Ethnomedicinal plants used by Kani tribes at Agasthiyarmalai Biosphere region of Westernghats*

#### **Prof P.R.G. Mathur**

Chairman, Commission on Urgent Anthropological Research, South Indian Regional Centre  
*Ecological knowledge of Indigenous Communities*

#### **Dr. Antony Palackal**,

Loyola College of Social Sciences  
*Ethnomedicine in Kerala: A Case Study*

### **11.45 a.m. – 12.45 p.m.**

Lunch – Hosted by Amrita

### **1:00 p.m. – 3:00 p.m.**

### **Global Perspectives**

**Moderator: Dr. Lonnie Helton, PhD**,  
Associate Professor, School of social work, Cleveland State University  
Lonnie Helton, PhD  
*Appalachian Mountain Folk Healing Traditions of the Southeastern US*

#### **Rapporteur:**

**Dr. D. Kannan**, Centre for Environmental Studies, Amrita Vishwa Vidyapeetham University

#### **Research papers presentation:**

#### **Todd Pesek, MD**

*Healing Traditions of the Maya People of Central America*  
Dr Nathan Connelly MBBS, FRACP  
*The role of dietary factors. Prebiotics and probiotics in gastrointestinal health – a gastroenterologists perspective*

#### **Nicholas Cooper-Lewter, PhD**

*Soul Therapy: The Healing Power of Mothers' Milk, Dads' Diamonds, and Multigenerational Legacies for Optimizing God-Given Potential*

#### **Ron Remnick, PhD**

*Zar Spirit Belief of North Africa*

**Barbara A. Boyd**, President, Significant Change Center, Ohio, USA  
Natural Energy Field and Healing

**3:00 p.m. – Concluding Remarks & Recommendations**

Vote of Thanks – Dr. Murali D. Nair

**3:30 p.m. – Tea**

*International Symposium on*  
**Healing Across Cultures**  
Amrita Vishwa Vidyapeetham  
University, Ettimadai, Coimbatore

Monday, July 9, 2007

**Symposium Participants**

*Name:* \_\_\_\_\_

*Agency Affiliation:* \_\_\_\_\_

*Address:* \_\_\_\_\_  
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*City, State, Zip:*  
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*Telephone number:*  
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*E-mail:*  
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**Please complete and submit form at event desk**

**Contact address for assistance:**

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