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## Discover love within: Mata Amritanandamayi



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THIRUVANANTHAPURAM: Mata Amritanandamayi has called upon the masses to discover the love within, which has the strength to change the world.

Amritanandamayi was delivering a message at Brahmasthana Temple, Kaimanam, here, as part of the Amritolsavam 2010 - the two-day anniversary festival - which concluded here on Sunday.

"A smile, a glance filled with sympathy or a word of solace are enough to change one's life. To give this, we should have a good heart filled with love and happiness. One should not forget this," Amritanandamayi told devotees.

Hundreds of devotees thronged the Brahmasthana Temple at Kaimanam to have the darsan of Mata Amritanandamayi. On Sunday, the darsan started at 10

a.m. followed by bhajan and satsang. In the evening, the bhajan started at 7.30 p.m.

Amritanandamayi said that feeling happiness always is the symbol of spirituality. "Children are always found to be happy because they live in the present moment. That is the true source of spirituality. Such happiness would remain both in favourable and adverse situations," she said. Amritanandamayi added that the one should be a model for others through their words and deeds. One should not bring hurt or pain to other people through his actions.

Earlier on Sunday morning, MLAs M A Wahid, V Surendran Pillai and George Mercier visited Mata Amritanandamayi. Educational scholarships were also distributed to the students on the occasion.

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