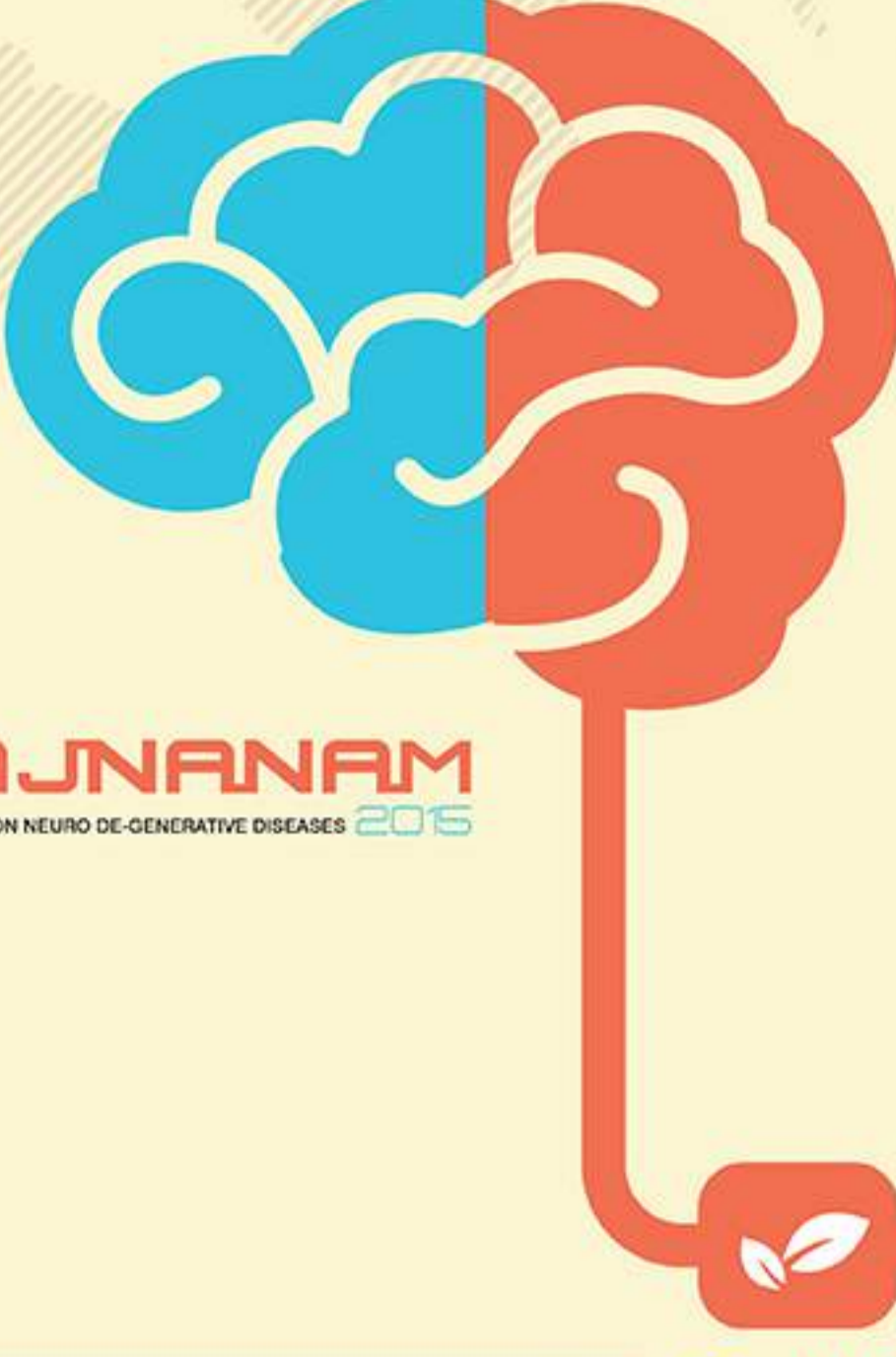


# AMRITA SCHOOL OF AYURVEDA & HOSPITAL

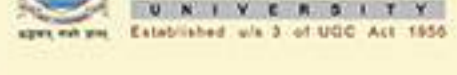
Amrita Vishwa Vidyapeetham, Deemed University, Accredited with 'A' Grade by NAAC  
www.ayurveda.amrita.edu



## PRAJNANAM

NATIONAL SEMINAR ON NEURO DEGENERATIVE DISEASES 2015

Amritapuri, Clappana PO, Vallikkavu, Kollam, Kerala- 690525  
Telephone - 0476-2899688, email- info@amritahospital.com



### ORGANISING COMMITTEE CONVENORS

(Contact Name with phone numbers)

#### Organizing Secretaries

- Dr Ratnaprava Mishra  
Mob: 08281931485
- Dr Ananth Ram Sharma  
Mob: 09495130995

#### Accommodation and Transport

- Dr Arun Mohanan  
Mob: 09605622143
- Dr Krishna Kumar K  
Mob: 09446583803

#### Scientific Committee

- Dr Jayashankar Mund  
Mob: 08281932485
- Dr Rabinarayan Tripathy  
Mob: 08129292391

#### Registration Committee

- Dr Priya  
Mob: 09447061605
- Dr Priya Latha  
Mob: 09447145550



Amrita Vishwa Vidyapeetham  
Amritapuri, Clappana PO, Kollam, Kerala,  
India - 690 525. Tel: 0091 (0)476 2899688  
0091 (0)476 2895193, Fax: 0476 2899681

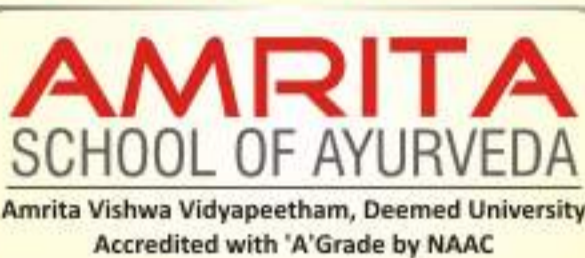
### Decennial Celebrations



## Prajnanam 2015

National Seminar on Neuro Degenerative Diseases

February 27<sup>th</sup> & 28<sup>th</sup> 2015



Amrita Vishwa Vidyapeetham, Deemed University  
Accredited with 'A' Grade by NAAC

1000085322496@facebook.com

amritaprajnanam@gmail.com

### Swagatham

Dhanyatman,

Amrita School of Ayurveda, established in the year 2004 under Amrita Vishwa Vidyapeetham, a Deemed University, is promoting and spreading knowledge in various disciplines with the blessing of Sadguru Matha Amritanandamayi Devi. With in short span of 9 years in the path of progress the institution could establish PG programme in 9 disciplines and decided to start Doctoral programme in this academic year. Our institution has been accredited with A grade by NAAC. The institution is facilitated with teaching department with qualified & well experienced faculties and a well equipped hospital with all investigational laboratory and I.P facilities. As a vision of providing quality education with social responsibility the institution is conducting seminar, conferences, free medical camps, workshops, awareness class for public and students regularly.

In continuation, we decided to organize a National Seminar on Neuro Degenerative Diseases

"PRAJNANAM 2015" between 27<sup>th</sup> & 28<sup>th</sup> February 2015. Being a patron of Ayurveda education I solicit your kind cooperation for the success of this great event.

Dr. Sankara Chaitanya  
Medical Director

Dr. M.R Vasudevan Nampoothiri  
Principal



### Our Chancellor Sadguru Matha Amritanandamayi Devi

"Immense knowledge is waiting for your permission to unfold within you, but it won't happen unless you allow it to. The indicators of true knowledge, is the ability to differentiate what uplifts us from what pulls us down." - Amma



Amrita Vishwa Vidyapeetham is a river of knowledge with Her Holiness Sri Matha Amritanandamayi Devi as its fount. This river finds its course across five campuses with 15 schools of excellence, offering more than 120 degree programmes (under graduate, post graduate and doctoral) with strong contingent of 1500 faculty and 13000 students. It is today a multi disciplinary university in the real sense with path breaking research in the area of Engineering, Medicine, Management and Communications.

Amrita School of Ayurveda pursues in a unique path which is blended with science of health (Modern and Ayurveda) and ancient philosophies, by nurturing a better breed of world class Ayurveda physicians who

can meet the challenges in the modern age.

The institution also establish a joined research programme incorporating multi disciplines. The college is situated on 25 acres of beautiful land near the back waters along the coast of Kerala. It has an over all build up area of 2 lakh square feet shared by school and the attached hospital with capacity of 250 beds.

A team of dedicated physicians and teachers are tirelessly working to develop the institution into a role model for education, research and practice in the field of Ayurveda. The training program gives equal emphasis on transformation of the personality and acquisition of domain expertise.

### National Seminar on Neuro- Degenerative Diseases (NDD)

Neuro degenerative diseases are the common conditions which are characterized by progressive Neuro system dysfunction. Degeneration is the death of specific population of neurons which are often synaptically interconnected. As a sequel, the individual experiences problems with coordination & simple neurological deficits in the initial stages, eventually leading to a more complicated scenario which ultimately becomes extremely fatal.

Over the past few decades, this group of diseases have made its progress quite rapidly that they are familiar even to common man. It often results from a combination of genetic & environmental factors. NDD is an umbrella term for a wide range of conditions which primarily affect the neurons in human brain like Parkinsonism, Alzheimer's disease, Huntington Disease and many more. Most of these are incurable & debilitating condition thus posing a major challenge to the medical world to combat them.



Ayurveda over the ages has successfully combated neuro degenerative diseases. They are specifically assessed and managed under various pathological entities, which are mainly classified under Vata Vyadhi, which means the disorders related with derangement of vata, caused due to unwholesome as well as incompatible food habits and lifestyle. The medication & treatments described in Ayurveda are not only focused on symptomatic relief but also on the enhancement of the general well being of the sufferers. The revitalization & rejuvenation treatment in Ayurveda, also known as the Rasayana Chikitsa modulates the Neuro endocrine immune systems apart from being a rich source of anti oxidants. Ayurveda is now gaining increasing acceptability through out the globe. In this regard Amrita School of Ayurveda, the premier post graduate research institute in Kerala is organizing a National seminar.



### Program Schedule

Sl.No	Days	Time	Program
01	DAY 1 27/02/15	6 Am - 8 Am	Ganapathi Homam and Bhajans
		10 Am - 11:30 Am	Inauguration
		11:30Am - 11:40 Am	Tea Break
		11:40 Am - 1:00 Pm	Comprehensive approach to Neuro degenerative disorders
		1Pm - 2:00 Pm	Lunch Break
		2Pm - 3Pm	Neuro degenerative diseases - An Ayurvedic perspective
		3 Pm - 4 Pm	Prevention protocol and lifestyle modification in Neuro degenerative diseases
		4Pm - 4:10 Pm	Tea Break
		4:10 Pm - 6:00 Pm	Paper Presentations
		6:30 Pm - 8 Pm	Cultural Program
		8Pm - 9 Pm	Dinner
01	DAY 2 28/02/15	6Am - 8Am	Dhanvantari Homam and Bhajans
		6:30Am - 7:30 Am	Yoga Session - Yogasana adopted in Neuro degenerative diseases
		8 Am - 9 Am	Break fast
		9 Am - 10 Am	Practical aspects of Panchakarma in Neuro degenerative diseases
		10 Am - 10:45Am	Rasaushadhi - In Neuro degenerative diseases
		10:45 Am - 11 Am	Tea Break
		11Am - 11:45 Am	Research Trends in Neuro degenerative diseases
		11:45 Am - 1:30 Pm	Sharing of Clinical Experience in Neuro degenerative diseases
		1:30 Pm - 2:30 Pm	Lunch Break
		3Pm - 4:30 Pm	Valedictory function

### Competitions and Cash Awards

Sl.No	Competitions	Cash Awards
01	Paper Presentations (Preventive /Curative)	Two 1st 10000 each
		Two 2nd 5000 each
02	Ashtanga/Hridaya Vata Vyadhi Chikitsa Charting	1st 10000
		2nd 5000
03	Poster Presentations	1st 5000
		2nd 3000
04	Essay Writing	1st 5000
		2nd 3000

### TOPIC FOR ORAL & POSTER PRESENTATION

- Preventive Aspects of Neuro Degenerative Disorders
- Management of Neuro Degenerative Disorders

### RULES FOR PAPER PRESENTATION

- Papers which abide to the following rules only will be accepted.
- Papers on genuine research work only will be accepted.
- Soft copy of the full paper (in Microsoft word) of the research work should reach the scientific committee on or before 5<sup>th</sup> February 2015, only abstracts will not be accepted. Send the papers to "amritaprajnanam@gmail.com"
- Full paper should contain an abstract with key words having not more than 200 words
- Full paper should not be more than four A4 pages including graphs and Images (Jpeg only), having 16 Font size for title, 14 Font size for Subheadings and 12 font for text in Times New Roman. Line Spacing should be 1.5. Sanskritam Fonts should be typed using Baraha only.
- Images and graphs should be attached separately.
- Selected mention the details of the Corresponding author for further communication.
- Selected presentations should be in Microsoft power point.
- The time limit for the presentation is 8+2 minutes

### POSTER PRESENTATIONS

- Size of the poster should be 3X4 feet
- Presenters should bring the posters printed in flex
- Posters in the PDF format should be sent to the scientific committee on or before 20th February 2015.

### SHLOKA CHANTING COMPETITION

- Topic: Ashtanga Hridaya Chikitsa Sthanam Vata Vyadhi Chikitsa.
- Participants should recite the Shloka by heart.
- Recitation can be started from any part of the chapter or part of Shloka as per the request of the judges.
- Prise Seminars will be done on the basis of clarity, tune, pronunciation, time to initiate and meaning.

### PRE SEMINAR ESSAY COMPETITION

- Topic: Amyotrophic Lateral Sclerosis and Ayurveda
- Soft copy of the essay (in Microsoft word) should reach the scientific committee on or before 5<sup>th</sup> February 2015. Send the papers to "amritaprajnanam@gmail.com"
  - Essay should not be more than five A4 pages including graphs and Images (jpeg only), having 16 Font size for title, 14 Font size for Subheadings and 12 font for text in Times New Roman. Line Spacing should be 1.5. Sanskritam Fonts should be typed using Baraha only.
  - Images and graphs should be attached separately.
  - Should mention the details of the Corresponding author for further communication.

### Registration Fees

Sl No	Description	Amount
01	Under Graduates & House Surgeons	800
02	Postgraduates	1000
03	Practitioners	1000
04	University Rank Holders(2013-2014 Year)	Free (For First 2 Ranks of any University)
05	Foreign Delegates	100 US \$

- Registration fee includes seminar materials and Food
- Free Dormitory accommodation will be provided on prior intimation
- Spot Registrations are not encouraged
- Last Date for Registration is 10th February 2015.

### Payment Details

DD may please be drawn in favour of "Sri Matha Amritanandamayi Math", Payable at Amritapuri, Kollam

Please send DD/ Crossed cheque along with the detailed list of delegates before February 10th 2015 to Dr. Ananth Ram Sharma, Associate Professor, Dept. of Panchakarma, Amrita School of Ayurveda, Clappana PO, Kollam 690 525."



### Jijnasa Parishad

Interaction with peers

Open interaction with the eminent personalities in the concerned subject.  
Date: 27.02.2015  
Time: 7.30 Pm

Eminent personalities like,

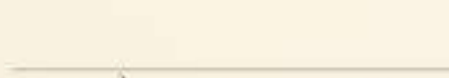
- Dr K.G Raveendran  
Chief physician, Arya Vaidya Sala Coimbatore
- Dr S.R Chandra  
Professor Neurology, NIMHANS Bangalore
- Dr M.R. Vasudevan Nampoothiri  
Principal, Amrita School of Ayurveda
- Dr L. Mahadevan  
Sri Sarada Ayurvedic Hospital, Nagarcoll
- Dr S. Gopakumar  
Associate Professor, Govt. Ayurveda College, Thiruvananthapuram

### Decennial Celebration

Amrita School of Ayurveda is crossing a new milestone this year. The institution is warming up to celebrate the decennial of the establishment of the College. After a humble beginning in 2004, the institution has now expanded and established as one of the premier Ayurveda College in South India in all aspects. Amrita is one of the very few colleges which provide truly world-class infrastructure with a traditionally based teaching and practice.

This growth was made possible only because of the Blessing of Our chancellor Sadguru Mata Amritanandamayi Devi. Since its inception Amrita School of Ayurveda has made remarkable progress in the field of education by starting Post Graduate programs in 9 Specialties and PhD programs.

In the year 2015 School of Ayurveda adorns one more feather to its crown by starting an "Integrated Research Center for Allopathy and Traditional Medicine" in collaboration with Amrita Institute of Medical Sciences, Amrita School of Bio Technology, Amrita Institute on Nano Sciences and Amrita School of Pharmacy.



### Prajnanam 2015, Committee Members

- Chief Patron**  
Sadguru Mata Amritanandamayi Devi
- Organizing Committee**  
Dr Sankara Chaitanya  
Dr MR Vasudevan Nampoothiri  
Dr. Rabinarayan Tripathy  
Sri. Srikumar  
Dr. Sudhamrita Chaitanya
- Organizing Secretaries**  
Dr Ratnaprava Mishra  
Dr. Ananth Ram Sharma PV
- Publicity Committee**  
Dr James Chacko  
Dr Mahesh Kundagol  
Dr Sharath S.G  
Dr Hemalatha Potti  
Dr Nalinakshana
- Food committee**  
Dr Delvin T Robin  
Dr Prathibha CK  
Dr Anushree  
Dr Hemavathi  
Dr Shiva Balaji  
Dr Jyothilal
- Reception & Registration committee**  
Dr Priya  
Dr Priyalatha  
Dr Emry S Surendran  
Dr Subadra Antharjanani
- Cultural and Homam Committee**  
Dr Ramesh NV  
Dr Gopinathan
- Certificate committee**  
Dr Vimala K S  
Dr Dhanya K V  
Dr Shruti Nambiar  
Dr Preethi Mohan  
Dr Thushara Lal
- Travel and Accommodation**  
Dr Krishna Kumar K  
Dr Arun Mohan  
Dr Raiby P Paul  
Dr Karthika  
Dr Abhaya Kumar Mishra  
Dr Shaitanya Raj  
Bri. Dr Manasi Menon  
Dr. Rajeeesh  
Dr Parameshwaran Potti
- Scientific committee**  
Dr Jaya Shankar Mund  
Dr Vandana Mishra  
Dr Ratna Prava Mishra  
Dr Sasikumar  
Dr Rabinarayan Tripathy  
Dr Unnikrishnan Pillai
- Program and stage Committee**  
Dr Laxna P Nair  
Sri Ramadas  
Dr Harun Irbahd  
Sri Vishakh (Faculty)
- Souvenir Committee**  
Dr Vandana Rani  
Dr KP Nampoothiri  
Dr Prathibha CK  
Dr Gundappa Rao

