On the occasion of World Diabetes Day on November 14, 2014, the Departments of Endocrinology and Vitreoretinal Services of the Department of Ophthalmology at Amrita Institute of Medical Sciences are jointly organizing a month-long programme with the theme “Diabetes and Eye.” We have envisaged a series of activities aimed at increasing awareness about the vision threatening complications of diabetes. There will be poster exhibitions, poster and slogan competitions for the various institutions in our health care campus, video film festivals, quiz competitions, patient awareness classes, skits and screening programmes throughout the month of November. The programme starts off with a small inaugural ceremony at the atrium with unveiling of the poster exhibition by Ms. Shahina Pardhan, Head of Visual Sciences at Anglia Ruskin University.

We wish to invite each one of you to join in these activities and help us spread the word against blinding diabetes.....

**November 3rd** — Inaugural ceremony  
Venue: Atrium  
Time: 10.30 AM

**November 12th, 13th & 14th** - Tele Quiz for Nurses  
Ext No: 1007, Time: 2.00 pm to 4.00 pm

**November 15th** - Public awareness meeting followed by free diabetes checkup and diabetic retinopathy screening  
Venue: Brahmasthanam Auditorium  
Time: 9.30 AM

**November 16th** - Cycle Rally  
Venue: Kaloor Stadium  
Time: 7 AM

Flash mob and awareness programme at Lulu mall by MBBS students

**November 18th** - Sixth South India intercollege Ophthalmology quiz programme for MBBS students  
Venue: Lecture hall  
Time: 1.30 PM
November 21st - First interschool quiz for high school students in Kochi - “Eye Challenge”
Venue-Amrita Vidyalayam
Time-1.30 PM

November 24th - Video film festival on “Diabetes and Eye”
Venue-Lecture Hall
Time - 2 PM

Please do mark the dates in your calendar and bless us with your presence.

Dr. Harish Kumar          Dr. Gopal S. Pillai
Department of Endocrinology  Department of Ophthalmology