

■ Cycle Rally Held to Create Awareness on Diabetes

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KOCHI: In connection with World Diabetes Day the departments of Endocrinology and Ophthalmology of the Amrita Hospital in association with IMA Kochi and Cochin Ophthalmic Club organised a cycle rally on Sunday as part of the month-long programme to create awareness on the theme 'Diabetes and Eye' organised by the hospital which commenced on November 3.

The rally was flagged off by Hibi Eden MLA and Dr Gopal Pillai, HOD, Ophthalmology, of the hospital. Dr Gopal Pillai stressed the need for regular checkups and tight control of blood sugar.

Dr NSD Raju, president, All-India Ophthalmic Surgeons, explained the reasons for blindness in diabetics and also suggested ways to deal with it. Dr Rajiv, secretary, IMA Cochin, Dr Harish Kumar, Head of Endocrinology, Dr Natasha, Dr Meenakshi also spoke on various topics.

Around 300 people including students, athletes, doctors and general public took part in the rally. The MBBS students of Amrita Medical College performed a flash mob comprising slogans against diabetes at Lulu Mall to create awareness on it. About 70 students participated in it.