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## AIMS performs heart surgery on conscious patient

By Express News Service - KOCHI | Published: 28th August 2013 12:30 PM  
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A successful "Awake Coronary Artery Bypass Graft" surgery was held at Amrita Institute of Medical Sciences.

It is a unique procedure where coronary artery bypass grafting surgery is done with the chest open, while the patient is wide awake. This is a rare and highly skilled procedure performed in very few cardiac centres in India.

The hospital authorities said that the 54 year old patient admitted with coronary artery disease required coronary artery bypass grafting at AIMS.

He was also suffering from Systemic Lupus Erythematosus (SLE) which was diagnosed 4 years back and he was on treatment with steroids for the same. Besides, he was diagnosed with Interstitial Lung disease (ILD) which caused restriction of his pulmonary function.

Giving general anesthesia in such patients with endotracheal intubation would increase the incidence of respiratory complications.

Hence this special type of anesthesia was given wherein the patient would not feel any pain or sensation over the chest and heart, while allowing the patient to breathe spontaneously.

The anaesthesiology team comprised Dr Abraham Cherian, Dr Joel Devasia and Dr Anup Daniel Varghese. The cardiac surgical team consisted of Dr Shiv K Nair, Dr C Krishnan and Dr Anuj Kumar.

The patient did not have any respiratory complications. He was discharged after 8 days.

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