

IN SCHOOL

AYUSH to adopt integrative approach

STAFF REPORTER

KOCHI, AUGUST 08, 2017 00:00 IST

UPDATED: AUGUST 08, 2017 03:35 IST

'Time for Ayurveda to address issues like maternal and infant mortality rates'

Aiming at a major overhaul of the practice and teaching of indigenous medicine, including Ayurveda, Yoga, and Unani, documentation and data collection will be made systematic, and a new integrative approach with modern medicine will be adopted, said Dr. Rajesh Kotecha, Special Secretary, Ministry of AYUSH, here on Sunday.

Information Technology will be the backbone of AYUSH systems in the country, as it will provide a platform to collate information on various indigenous treatment methods that will help create a database for future research, he added.

Dr. Kotecha was participating as the chief guest at Amrita Samyogam 2017, an international conference on integrative Ayurveda and modern medicine, organised by the School of Ayurveda, Amrita University, in association with Amrita Institute of Medical Sciences.

According to him, the system will be evolved in such a manner that all practitioners can contribute to case recording. Pointing out that integration is different from integrative approach, he said Ayurveda was not just medicine but "health and life".

He said it was high time Ayurveda addressed issues like maternal and infant mortality rates and life expectancy.

Dr. Vanita Murali Kumar, president, Central Council of Indian Medicine, stressed the need for revamping the education system.

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