

MENU

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TODAY'S PAPER > NATIONAL > KERALA

KERALA

Baba Ramdev visits Mata Amritanandamayi



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Yoga Guru Baba Ramdev called on spiritual leader Mata Amritanandamayi at her ashram at Amritapuri, near here, late in the evening on Monday. It was the maiden meeting between the two.

On his arrival, Baba Ramdev was received by Swami Purnamritanandapuri, general secretary of the Mata Amritanandamayi Math, and Baba Ramdev in turn garlanded the Mata. At her request Baba Ramdev addressed the residents of the math and students of the Amritapuri campus of Amrita University.

Baba Ramdev gave a speech about yoga and its health benefits and also made some pranayama and yoga demonstrations. He said that the problem today is that people talk a lot but didn't care to act. "But Mata Amritanandamayi talks little and engages in big acts."

Spirituality and science

"Amma wants spirituality and science to go hand in hand," Baba Ramdev pointed out. He said that he had already been putting efforts in this direction through his Ayurveda institute but that he would now go further with Amma's blessings.

The Mata thanked Baba Ramdev for his address and presented him with carved sculpture of Saraswati Devi.