

## Back with a documentary

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*Shekhar Kapur has launched “The Science of Compassion”*



Director, actor and producer Shekhar Kapur has launched a new documentary, *The Science of Compassion*, on spiritual leader Mata Amritanandamayi Devi.

The 50-minute film was shot at her ashram in Kollam over four days, during her 60th birthday celebrations in 2013.

In the documentary, Shekhar Kapur investigates the source of human compassion and creativity. It includes an interview with Amma, as well as with Nobel Prize-winning scientist Leland Hartwell and many others about her approach to life.

“Spirituality is not about miracles and drama, but about experiencing subtle and incremental changes through which you evolve. I have not remained unaffected by her message of love and compassion. The more I realise how incredibly loving and compassionate she is, the more it changes me subtly and incrementally,” said Shekhar Kapur.

The documentary is out on YouTube.