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■ Kidney Day Observed

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Awareness lectures and patient interaction programs were organised at Amrita Institute of Medical Sciences on Thursday as part of World Kidney Day observance.

A 'Save Your Kidney human chain' was formed by doctors, medical students, nurses, paramedical staff, patients, bystanders, transplant recipients and general public under the leadership of the head of Department of Nephrology Dr George Kurian, Dr Rajesh R Nair and Dr Anil Mathew. Poster displays were also part of the programme. Dr George Kurian, who said kidney disease can be silent killers, emphasised on the importance of early detection and treatment of kidney diseases.

The human chain was inaugurated by Amrita School of Medicine principal Prathapan Nair. He said that prevention of hypertension and diabetes was the most important cornerstones in the prevention of kidney disease. Senior medical administrator Dr Sanjeev Singh spoke.

Meanwhile, a free kidney disease detection camp was organised by Aster Medcity, a healthcare destination, at Changampuzha Park here on Thursday. The medical camp was flagged off by retired Judge of Kerala High Court and founder chairman of Society for Organ Transplantation Justice Shamsuddin,. Other dignitaries present at the occasion were Dr V Narayanan Unni, leading senior consultant, Aster Institute of Nephrology and Urology, Aster Medcity, and Dr Kishore T A, lead consultant in urology, Aster Medcity.

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